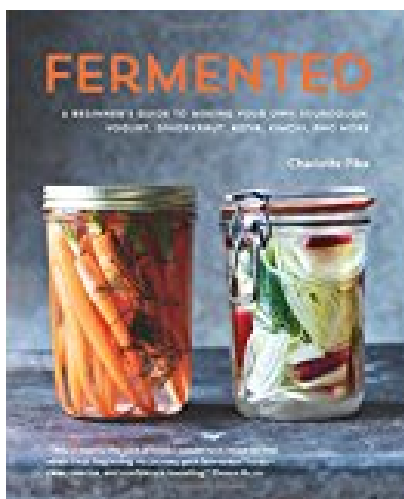


Fermented A Beginners Guide to Making Your Own Sourdough Yogurt Sauerkraut Kefir Kimchi and More



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