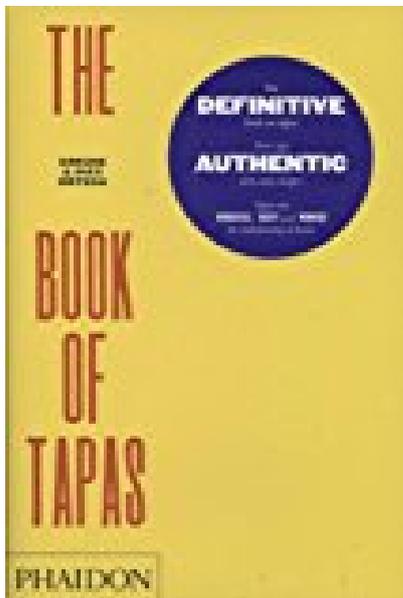


The Book of Tapas



BOOK DETAILS

- Author : Simone Ortega
- Pages : 432 Pages
- Publisher : Phaidon Press
- Language : English
- ISBN : 0714856134

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BOOK SYNOPSIS

Tapas, which are a centuries-old tradition in Spain, are so well-suited to today's style of casual eating that they have caught the popular imagination all over the world. "The Book of Tapas and Spanish Cooking" brings you an enticing selection of these delicious appetizers, plus main courses, vegetables and desserts, in a varied collection of more than 100 recipes, encompassing many regional cooking styles. The Spanish cuisine encompasses dishes that contain a kaleidoscope of ingredients, prepared in myriad styles to suit perfectly every occasion, taste and diet. The Book of Tapas and Spanish Cooking contains simple dishes flavoured with herbs, vibrantly-coloured and richly flavoured meat and poultry casseroles with equally tasty vegetable versions, as well as light, quickly cooked ones, and dishes based on rich and dried beans that are ideal one-pot meals, plus warming, hearty soups contrasted by those that are the epitome of summer eating.

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